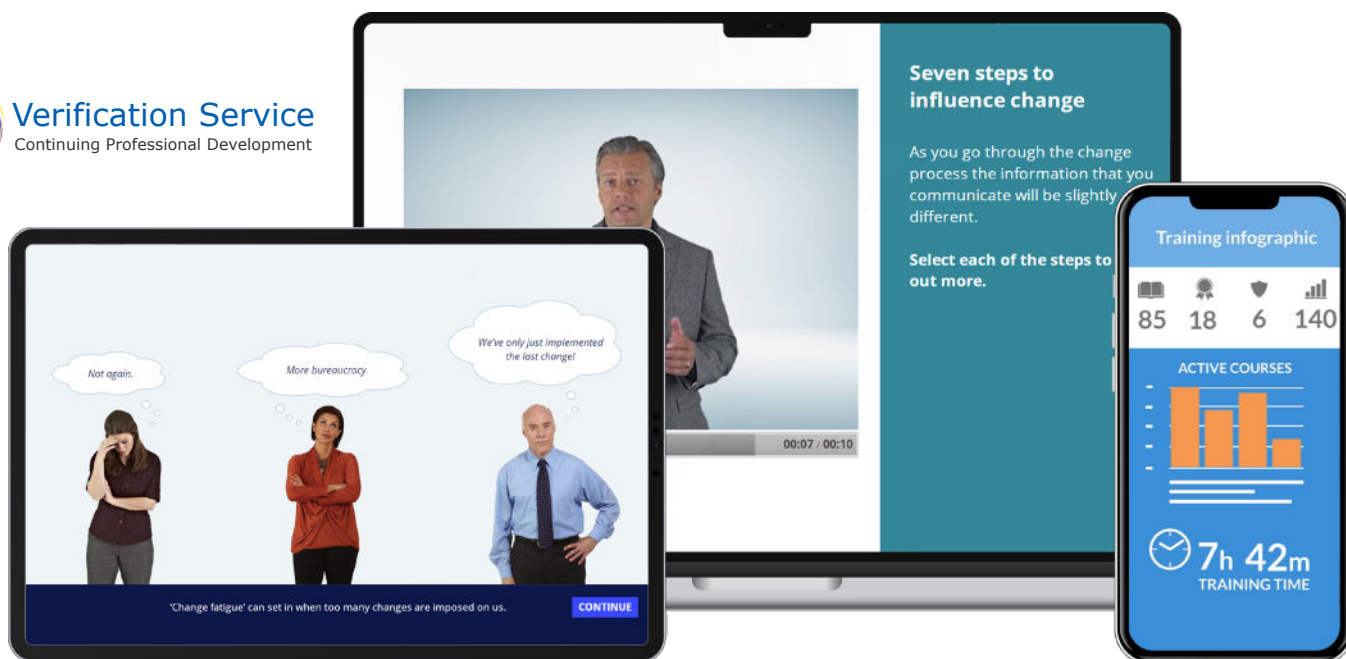


CHANGE MANAGEMENT



OVERVIEW

OBJECTIVES

Change is a constant and whether in our social lives or at work, we are all likely to be going through some kind of change. Understanding the process people go through when confronted with a shift in circumstances and appreciating that we cope with change in a variety of ways is a key part of effectively managing change.

The way people feel about change often depends on the impact it will have on them and their lives. It can also depend on whether the change affects their core beliefs. At work, change can make people feel their role or way of working is under threat and this can cause resentment and fear. It's important for leaders to navigate business change effectively, understand its personal impact and how they can address the needs of their team.

This E-Learning course aims to help your learners appreciate the emotions experienced when presented with change and provides a set of tools to overcome these challenges for themselves and others.

- Explore and understand our own emotions when going through change and learn how to cope
- Manage change for those around you, helping them navigate the issues and reducing the impact
- Implement change effectively and create an environment where change is accepted and embraced



DURATION

60 Minutes including interactions and videos.



AUDIENCE

This course has been developed to focus on three key areas: coping with change from a personal perspective, managing others through change and leading change. Therefore, this e-learning course is suitable for a wide array of learners.



CERTIFICATION

Upon completion of the course the learner will receive a CPD certificate.

