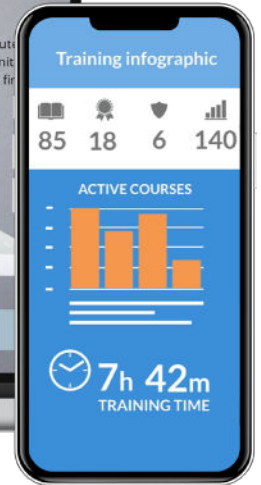
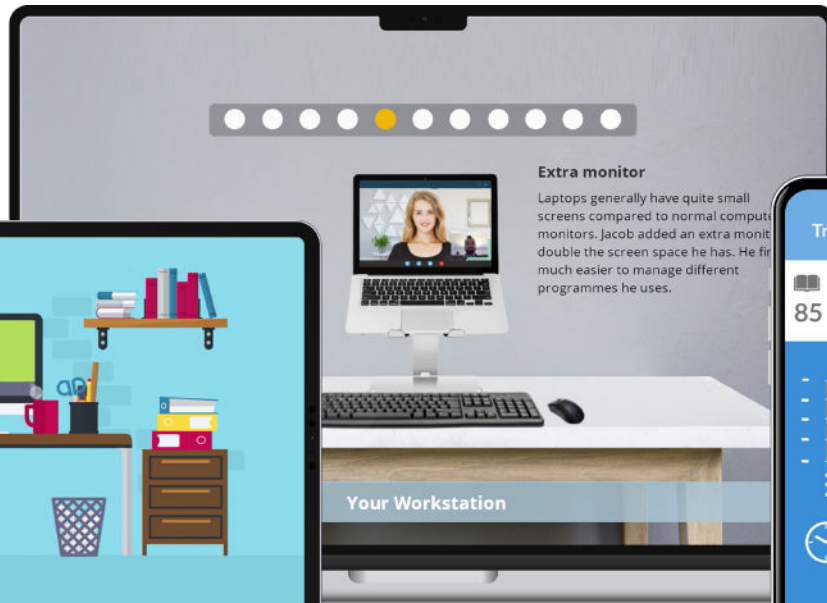
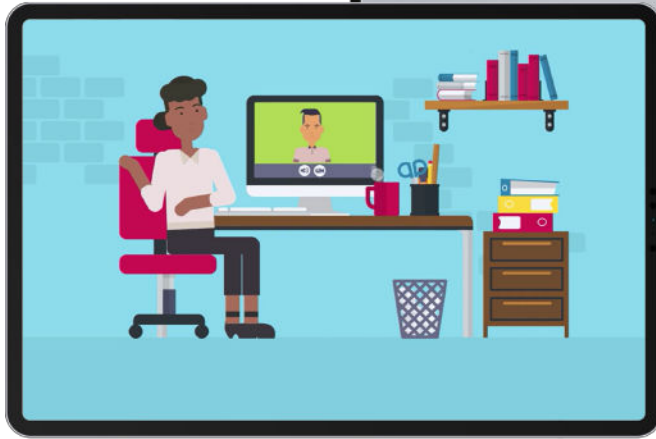


WORKING SAFELY AT HOME

Assured 2024/26
RQSPA
Qualifications



OVERVIEW

When people are required to work from home, the comforts provided in an office environment can often be overlooked. Employees that will have had a practical desk setup that ensures their physical wellbeing and is designed to suit effective ergonomics will need to carefully consider how they can best replicate this situation in their home.

Another challenge faced by organisations and their employees when working from home is the need to ensure that they maintain the same standards of information security and data protection. Working from home can create security weaknesses that are exploited by cybercriminals, so it's important to be aware of this and to take mitigating measures.

This course provides learners with the awareness they need to create a home working environment that meets their physical safety needs through good management of their workspace and efficient use of display screen equipment. It also helps them to explore the extra security considerations needed, so that company data is protected.

OBJECTIVES

- Create a home working set up that is comfortable, safe and secure
- Apply good workstation practices at home to ensure ergonomic safety
- Understand your responsibilities with information security when at home
- Implement practical ideas to ensure safety when working at home



DURATION

1 hour. Including interactions and videos.



AUDIENCE

This course is suitable for anyone that works from home whether it's occasionally or on a permanent basis.



CERTIFICATION

Upon completion of the course the learner will receive a CPD certificate.

